

St. Xavier High School					
Advent Canned Food Drive, 2018					
HEART to HOME Grocery List					
FAMILY SIZE	1-2 people	3-4 people	5-6 people	7-8 people	9+ people
Canned Vegetables	6 cans	8 cans	10 cans	12 cans	15 cans
Canned Fruit	4 cans	5 cans	6 cans	7 cans	8 cans
Canned soups	6 cans	9 cans	11 cans	13 cans	15 cans
Beans	2 cans	3 cans	4 cans	5 cans	6 cans
Meal in a can	4 cans	5 cans	6 cans	7 cans	8 cans
Canned Meat/Fish	2 cans	4 cans	5 cans	6 cans	8 cans
Macaroni and Cheese	2 boxes	4 boxes	6 boxes	7 boxes	8 boxes
Pasta/Rice	3 lbs	4 lbs	5 lbs	6 lbs	8 lbs
Spagetti Sauce	2 cans/jars	3cans/jars	4 cans/jars	4 cans/jars	6 cans/jars
Cereal	2 boxes	3 boxes	4 boxes	5 boxes	6 boxes
Peanut Butter/Jelly	1/1	2/1	3/2	4/2	5/2
Crackers	1 pkg	1 pkg	2 pkgs	3 pkgs	4 pkgs
Bread	1 loaf	2 loaves	3 loaves	4 loaves	5 loaves
Apples/Oranges	5 lbs	5 lbs	10 lbs	15 lbs	20 lbs
Potatoes	5 lbs	5 lbs	10 lbs	15 lbs	20 lbs
Toilet Paper	1 pkg	1 pkg	2 pkgs	2 pkgs	2 pkgs
Paper Towels	1 pkg	1 pkg	1 pkg	1 pkg	1 pkg
Blankets	1	1	1	2	2
Certificate for perishables (Kroger)	\$10	\$20	\$30	\$35	\$40
Other optional items:					
Misc. Personal Care items					
Diapers, wipes, formula					
Cleaning Products					

All of the items and quantities above are suggestions . Thank you for your generosity!

