

## **St. Xavier High School** **(Strategies For Success) Study Skills Course**

**Grade Level:** Offered to incoming Freshmen on a “First Come – First Served” Basis

**Objective:** Provide incoming students with a purposeful plan for studying, thus reducing anxiety for the student and his family.  
Provide students with the skills to attain honors.

**Offered:** June 14 – July 16; Monday through Friday; 8:00 – 9:05 or 9:10 – 10:15 or 10:15 – 11:30 or 12:50

Instructed by experienced teachers: Paul Rieselman and Jim Telles

**Cost:** \$225

### **Skills Taught:**

- ✓ Personal attitude and decision making
- ✓ Time Management
- ✓ Classroom materials organization
- ✓ Notebook organization
- ✓ Note taking skills from lecture and textbook
- ✓ Homework: Daily scheduling and strategies; productive use of daily homework time
- ✓ Flash Card Usage in Mathematics and Language
- ✓ Home Study Space and Desk organization
- ✓ Home filing system
- ✓ Self-Test techniques
- ✓ Study Group strategies
- ✓ Test Preparation
- ✓ Quarter Exam Preparation

### **Comments from former Study Skills Students after One Quarter as a High School Student:**

- “The Study Skills course really helped my organization.”
- “Doing 2 – 3 hours of organized homework works.”
- “I use my Study Group.”
- “I learned how to stay organized with a separate notebook for each class and how to use my planner to its fullest.”
- “The filing system is very useful especially for exams.”
- “Organized notebook works.”
- “The foreign language words on flashcards are very helpful.”
- “The Study Skills course helped me to become more intense in my studying.”
- “I got help in taking good notes.”
- “It really helped to know what organizational tips I needed, especially with the binder.”
- “Self testing is huge.”
- “The in-depth reading method I do on tough stuff.”
- “File cabinet works.”
- “I continue to raise my hand 2 times every class as I learned in the Study Skills course.”
- “Didn’t get honors 1<sup>st</sup> quarter because I didn’t use the flash cards as I was taught.”
- “At first, I thought I wouldn’t need to use the skills that I had received, but after the first couple of weeks, I realized I had to use my skills.”

Space is limited. Each year we have more applications than available space. The recommendation is to enroll early.