



Lacrosse Alumni Newsletter

July '06

Issue #3

Now that most of the dust has settled and we are into summer camps and tournaments, I wanted to catch you up on the last year.

It would be an understatement to say that it was a rough year for the Varsity Team. The injury bug bit us in our first pre-season tournament game, continued through Georgetown and right through the year. At one point in the season, we had seven starters out due to injuries. We lost to Indian Hill by one, Moeller in OT and in one of the most competitive and entertaining games I can remember in a long time, lost to Lakota West in the first round of the playoffs in OT. That's the bad news.

The good news is: Our JV White team won the City JV Tournament, we hosted our own pre-season, six team, weekend tournament, we were invited back to play in the Georgetown Prep & Midwest Classic Tournaments. We hosted our own summer lacrosse camp, and we **still** have the best facilities and high school in the state.

With all the adversity we went through as a team, we never gave up. We took IH, MOE and West down to the wire and we did it with two freshman starters and many underclassman. "**Adversity doesn't build character, it reveals it**". This team showed a lot of character by not throwing in the towel. All of our young guys will be one year older, and hopefully, one year stronger, faster and smarter. And with the return of some very seasoned leadership, I'm very excited about next year.

We hosted the first St. Xavier Lacrosse Summer Camp (camp web site, Bomberlax.com) from July 10th – 14th. We had 109 kids from 3rd through 8th grade signed up for a great week of lacrosse. Dan & Paul Collura (Gettysburg College), Andrew Zilch (University of Maryland), John Gradoville (Ohio State) and Judson Pickard (Nazareth College) are St. Xavier alumni that coached at the camp. Sycamore graduate, Alex Young (University of Vermont) joined the X grads as the collegiate coaches. Rounding out the staff were Coaches Chip Glaser, Josh Wellen, Jeff Tindall & Joe Cornely from St. Xavier and Coaches Bob Hill (Blue Jays), Tom Nugent (Sycamore) and Jeff Bumiller (Indian Hill). Camp pictures- <http://bomberlax.com/pix06/>



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On a much more serious note:

Dr. Tom Syzek sent me a letter that Andrew (class of '04) wrote to his parents. Andrew is in Army Basic Training (for ROTC and National Guard) this summer at Ft. Sill, OK. In part he wrote:

"We also got to do the Pugil sticks, you know the American Gladiator huge sticks with pads on the end and a football helmet on. We battled within our platoon then against the whole battery. I ended up going undefeated and winning the whole middleweight division. I have never been so tired in my life, but all those years with a lacrosse stick finally came in handy."

Andrew can't receive any phone calls or e-mail until he finishes basic training. He can receive letters, post cards and pictures. Listed below is his address. Please take a few minutes out of your day and drop Andrew a letter or post card. Remember, lacrosse is a giant family across the country, especially St. Xavier Lacrosse. Please keep Andrew in your thoughts and prayers. Though he is not headed to active duty, as far as we know, your encouragement will be appreciated.

SYZEK, ANDREW
A BTRY, 1ST BN 40TH FA
5611 NE ROTHWELL ST UNIT A
FT. SILL, OK 73503-8027

Also serving our country is Chip Heidt (class of '02). Chip is entering his fourth year at West Point. He has just finished Leadership Position Supervising training at Camp Buckner. He is presently a platoon leader at Ft. Lewis in the State of Washington.

Keep both these young men in your thoughts and prayers.



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Listed below are the team's post season honors:

2006 Post Season Team Honors

Most Valuable Player- Jon Saelinger

Most Valuable Offensive Player – Fred Craig

Most Valuable Defense Player – Andy Kaminski

Bombadier – Chris Simon

Ironman – Luke Kuechly

Scholar Athlete- David Long

Division 1 - Region 4

All Region Team

Andy Kaminski- 1st team

Division 1- All State

Andy Kaminski- Honorable Mention

USL Ohio South - Academic All-American

David Long

GCLL All-Stars

Chad Carroll	Attack	Jr.
Jon Saelinger	Midfield	Jr.
Fred Craig	Midfield	So.
Luke Kuechly	F/O Midfield	Fr.
Lew Krehnbrink	Defense	Sr.
Andy Kaminski	Defense	Sr.
Patrick Poplis	Defense	Fr.

See you in the spring

GO BOMBERS !

Bomberlacrosse.com

Pat Collura

St. Xavier High School

Head Boy's Lacrosse Coach

LacRef@aol.com

(859) 653-6788